

# My Induction app

## A quick guide to supporting beginning teachers

**Free  
download**

Google Play | App Store

### Who is the app for?

Designed for pre-service and graduate teachers, the app also serves as a valuable conversation starter for mentors to better support their mentees.

Suitable for all educational settings, including:

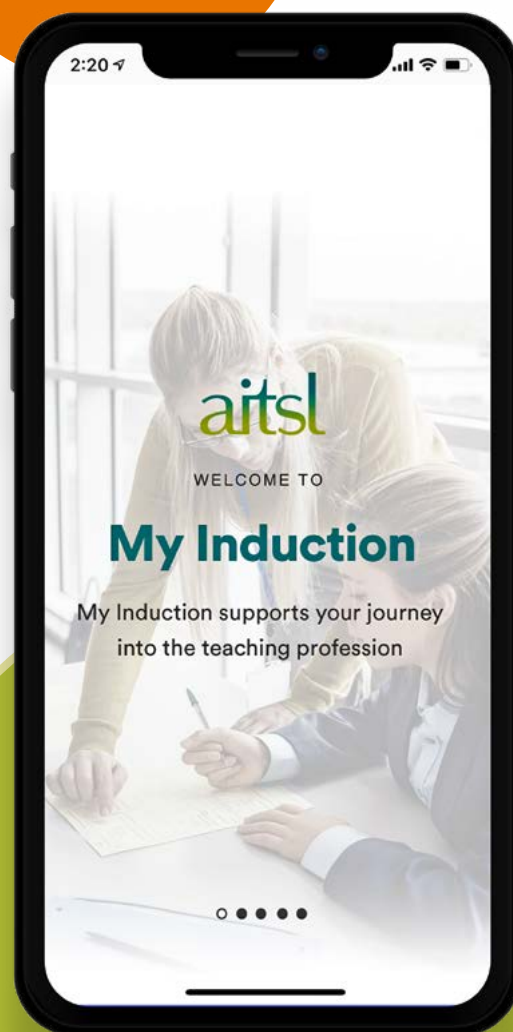
- › Early childhood
- › Primary, secondary, combined and special schools

### How does it support you and your beginning teachers?

The My Induction is built on the four focus areas of effective induction outlined in the [Graduate to Proficient: Australian guidelines for teacher induction](#).

It serves to complement or supplement existing induction programs to enhance the support provided to a beginning teacher.

Use the rich suite of resources in the app that are aligned to the [Australian Professional Standards for Teachers](#), as prompts for professional conversations or to enable effective and efficient mentoring sessions with a mentee.

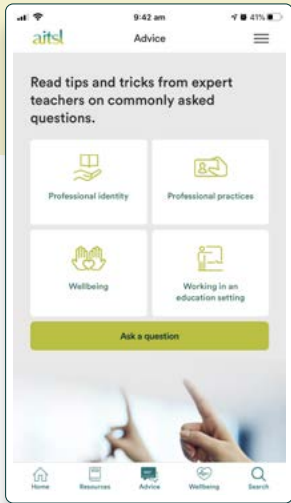


**See next page for tips  
and features**

[aitsl.edu.au/myinduction](https://aitsl.edu.au/myinduction)



# How can you best use the features to support beginning teachers?

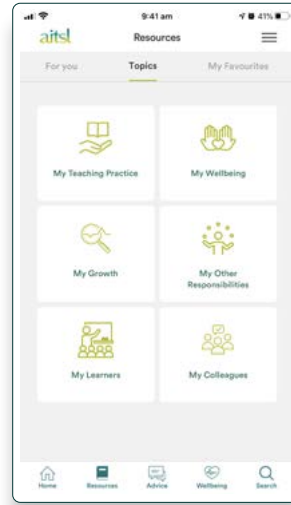


## Advice

Get expert teachers' responses to common questions.

### Tips

- ◆ Encourage your mentee to use this as a starting point or additional resource for their questions.
- ◆ Support your mentee by contextualising the advice to your educational setting.



## Resources

Step into the classroom with confidence, with a wide variety of resources and interactive activities.

### Tips

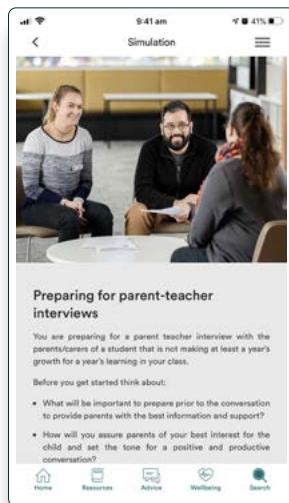
- ◆ Engage in professional conversations with your mentee on the resources they have read.
- ◆ Support your mentee further by directing them to other related professional readings or resources.

## Simulate scenarios & complete quizzes

Complete scenarios and quizzes on topics ranging from lesson planning to workplace behaviour.

### Tips

- ◆ Explore a scenario with your mentee and discuss their response, or invite them to observe you in action, in a similar scenario.
- ◆ Encourage your mentee to complete a quiz and discuss it with you.

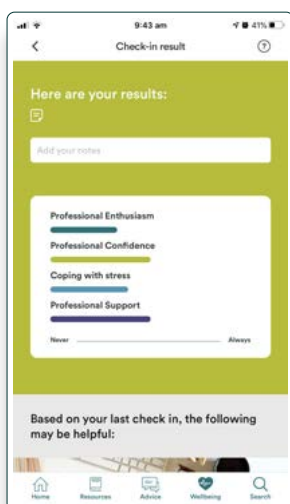
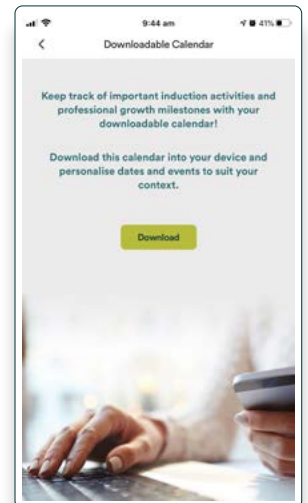


## Downloadable Calendar

Understand key milestones along the induction journey

### Tips

- ◆ Encourage your mentee to download the calendar together with you.
- ◆ Use the prompts to structure your mentoring or initiate regular check-ins and reflections.



## Wellbeing Tracker

Understand and manage the four areas of professional wellbeing: enthusiasm, confidence, coping with stress and support.

### Tips

- ◆ Advise your mentee on the importance of regular wellbeing check-ins, and guide them to reflect on their wellbeing levels.
- ◆ Discuss strategies with your mentee to better manage their wellbeing.

Get access to more resources and information on supporting new teachers

[aitsl.edu.au/support-new-teachers](https://aitsl.edu.au/support-new-teachers)