



Tasmania



+11 Daylight Savings Time

Capital City: Hobart Population: 574,700 Land Size: 68,401 km2

Iconic Places: **Cradle Mountain, Bay of Fires, Wineglass Bay**

Climate and Time zone in Tasmania



Tasmania operates on Australian Eastern Standard Time (AEST), which is GMT+10:00. During Daylight Saving Time which is officially known as Australian Eastern Daylight Time (AEDT) and runs from the first Sunday in October to the first Sunday in April, clocks are set forward by one hour (GMT+11:00).



The climate in Tasmania is known for its cool temperate climate, with four distinct seasons. Summer (December to February) is warm and dry, with temperatures averaging between 12°C to 21°C. Coastal areas tend to be milder than the inland. Autumn (March to May) brings mild temperatures ranging from 8°C to 17°C, and vibrant autumn foliage. Winter (June to August) is cold and wet, especially in the inland and higher altitudes, with temperatures between 3°C to 11°C and snowfall common in mountainous areas. Spring (September to November) is cool to mild, with blooming wildflowers and temperatures from 7°C to 17°C.

Dates to remember

New Year's Day: Celebrates the first day of the Gregorian calendar.

Australia Day: the day of arrival of the first British fleet in Australia, and is marked on January 26.

Eight Hours Day: Celebrates the achievements of the workers and is held on the second Monday in March.

Easter: There are four public holidays days each year held to celebrate Easter: Good Friday, Easter Saturday, Easter Sunday and Easter Monday.

Anzac Day: A national day of commemoration that honors the sacrifice of Australian and New Zealand soldiers in all wars, and is celebrated on April 25.

King's Birthday: Celebrates the birthday of the monarch, with various events and ceremonies.

Christmas: celebrates the birth of Jesus Christ which often includes family gathering, gift-giving and meals. Public holidays usually include Christmas Day (25th of December) and Boxing Day (26th of December).

Leisure and Lifestyle in Tasmania

Tasmania, an island state of Australia, offers a unique blend of natural and majestic landscapes, cultural heritage and art, and exciting outdoor activities. The lifestyle in Tasmania includes metropolitan areas like the state's capital Hobart, and its second biggest city Launceston which are smaller in comparison to cities in other states providing a deeper sense of community.

Metropolitan Areas

- Hobart, the capital city, is the heart of Tasmania's metropolitan lifestyle. It
 boasts a unique arts and culture scene, with attractions like the Museum
 of Old and New Art (MONA), which is renowned for its contemporary and
 avant-garde exhibits. The city also hosts various festivals celebrating local
 Tasmanian music, film, food, and wine.
- Hobart hosts the Australian Wooden Boat Festival every second year, celebrating wooden boats. This festival is held at the same time as the Royal Hobart Regatta. Wooden boats of all sizes including wooden canoes, kayaks and dinghies as well as yachts and tall ships are featured at the festival.
- For outdoor enthusiasts, Hobart offers easy access to natural wonders such as the Mount Wellington and the Derwent River. The city's waterfront area, Salamanca Place is a hub for dining, shopping, and entertainment, with numerous cafes, restaurants, and bars.

Regional Areas

- Tasmania's regional areas, including towns like Launceston, Devonport, and Ulverstone, offer a more relaxed and community-oriented lifestyle.
 These areas are known for their picturesque landscapes, including national parks like Cradle Mountain and Freycinet National Park. Outdoor activities such as hiking, kayaking, and fishing are popular among residents and visitors alike.
- Regional areas also emphasise local arts and crafts, with many small towns hosting markets and festivals that showcase local artisans and products. The sense of community is strong, with residents often involved in local events and volunteer activities.

Find out more:

<u>Get Moving Tasmania</u> – This site encourages physical activity and offers resources for staying active. It includes information on walking groups, exercise programs, fitness providers, and physical activity guidelines to help Tasmanians lead healthier lifestyles.

<u>Active Tasmania</u> – This site offers a variety of resources and links related to sports, physical activity, and youth safety organisations in Tasmania.

Did you know?

Tasmania boasts some of the cleanest air in the world, thanks to it location and population density.







