

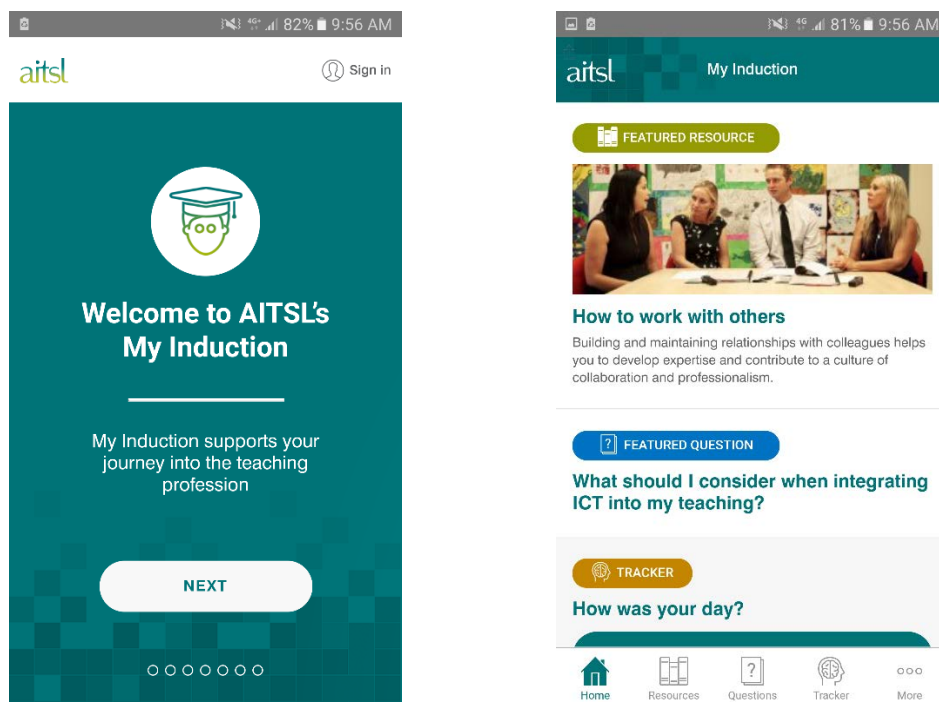
My Induction

A guide for mentors and school leaders
February 2017

My Induction

My Induction is a free mobile app for use with Apple and Android devices. It has been designed to support the implementation of [*Graduate to Proficient: Australian guidelines for teacher induction into the profession*](#).

My Induction is primarily aimed at beginning teachers in their first years in the profession, but it can also be used by teacher mentors and school leaders to support the induction of beginning teachers.



Using My Induction as a mentor or school leader

My Induction includes a curated resource collection addressing four topics that have been identified as vital to the effective induction of beginning teachers: professional practices, professional identity, wellbeing and working in an education setting. By familiarising yourself with these resources and using them as stimuli, you can engage in more effective mentoring and professional conversations with your beginning teachers.

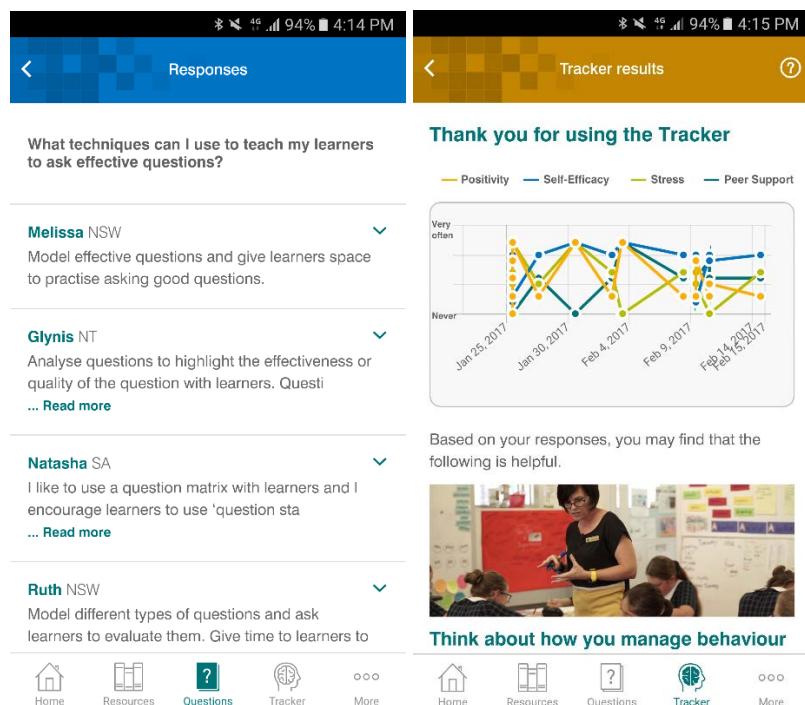
To learn more about effective professional conversations, please visit <https://www.aitsl.edu.au/lead-develop/develop-others/coach-others/professional-conversations>.

Other resources and activities in My Induction

Question bank

The question bank is a collection of frequently asked questions from beginning teachers. Answers are provided by a network of nationally certified Highly Accomplished and Lead teachers.

Users of My Induction can submit a question to AITSL and, from time to time, a selection of questions will be submitted to these expert teachers to be answered. Mentors may wish to consider guiding beginning teachers to the question bank for alternative perspectives.



Tracker

Beginning teachers can use the Tracker to monitor their professional well-being. Users respond to questions about their enthusiasm, self-efficacy, stress and perceived support. The results can be used to inform discussions about your beginning teachers' well-being, and approaches to keep them feeling positive and avoid burnout.

Challenges

Challenges provide a stimulus for action that will help teachers achieve early wins in their career, from student behaviour management to setting SMART goals. Engaging with these challenges can prompt conversations around how your beginning teacher approached the challenge, what they achieved, and reflections on how they could improve next time.

Quizzes

Quizzes are an easy way to kick off reflections and discussions about a range of topics such as listening skills, work-life balance and coping with stress.

Spotlight: Induction

A new Spotlight paper "[Induction of beginning teachers in Australia – What do early career teachers say?](#)" focuses on findings from the AITSL Stakeholder Engagement Survey, which indicate that school leaders and early career teachers have very different perspectives on induction practice. The Spotlight outlines further opportunities to improve induction practice in line with the [Guidelines](#).